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Edmonton Wild child? Go for it metroLIFE Your essential daily news | Thursday, MARCH 10, 2016 High 13°C/Low 2°C Call in sick 💟 🕜

'It certainly

wasagong

Opposition house leader Nathan Cooper



- Locked doors forced open
- An apology

Full coverage, page 5

Legislating payday loans

REGULATION

Association concerned with province's bill



Querengesser Metro Edmonton

The Canadian Payday Loans Association says it wasn't expecting the Alberta government to announce new legislation for the industry, because months of meetings suggested it would simply adjust regulations.

"What happened yesterday took us a little bit by surprise because we were expecting the government to either amend or in some way replace the existing regulations," said Tony Irwin, chair of the Torontobased association.

Irwin said the industry has told the government that making new regulations too strict could force some payday loan companies to close.

One of the biggest commit-

ments in Tuesday's speech from the throne was to announce a bill called An Act to End Predatory Lending.

The bill will replace regulation that Alberta brought in to govern the industry in 2009, which expires at the end of June.

The law would protect vulnerable people from paying exploitative interest rates, Service Alberta Minister Stephanie McLean said Wednesday.

"Albertans, more than ever, are needing to ensure that their finances are well managed and that means they can put food on their tables and pay for the roofs over their heads," she said.

"They are looking to us to provide some consumer protection for them, and payday loans unfortunately put many Albertans into a cycle of debt they can't get out of."

There are 36 payday loan companies operating 236 outlets in Alberta. The association represents 11 of the companies that run 195 of the outlets. WITH FILES FROM THE CANADIAN PRESS



30 SCHOLARSHIP FOR MAY + JUNE START DATES

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NOTIEV

Hiring decision criticized

Premier Rachel Notley is being criticized for hiring a former senior negotiator with Alberta's largest public-sector union.

Wildrose finance critic Derek Fildebrandt says hiring Kevin Davediuk will be bad news for taxpayers given the NDP's traditional ties with unions.

"The government has hired one of AUPE's chief negotiators to now negotiate for taxpayers back against AUPE," Fildebrandt said Wednesday.

"This is little better than hiring the fox to guard the hen house."

Up until Monday, Davediuk worked for the Alberta Union of Provincial Employees, which represents thousands of workers in a wide variety of government jobs.

Finance Minister Joe Ceci said Davediuk was picked because he was the best person for the job and has a distinguished career working for unions and for employers.

"He certainly has a breadth of experience," said Ceci.

"Having the best people at the table is in the best interests of all of us, in terms of ensuring we don't pay more (than needed)."

Ceci said Davediuk will bow out of some negotiations with the AUPE.

"There are parts of the negotiations that he's done in the past that he probably can't be involved with, but there's a lot of work we need to do and many union (negotiations) that are coming up over the next few years," he said. THE CANADIAN PRESS

Help lay the path: Group

PROJECT

Online map encourages feedback on city's lanes



Alex Boyd Metro Edmonton

An Edmonton advocacy group is allowing you to suggest where the city needs walking and cycling paths.

Paths for People's new online map launched on Wednesday and asks you to comment on what's needed, whether it be a new path or an improvement to an existing one.

And the reason, said Conrad Nobert, chair of the group, is that Edmonton has changed.

Some previous bike lanes weren't embraced by Edmontonians — think the 95 Avenue bike lane, which the city spent almost half-a-million dollars removing last year — but Nobert said that was because the public wasn't very involved.

"The consultation was done at a time (2009) when no one in Edmonton had even seen a bike lane before. Now we are a much more savvy constituency," he said.

Nobert hopes the new crowdsourcing project kickstarts the conversation about locations into another gear.

The group is looking for suggestions of roads or paths that already make sense as biking or walking routes but would benefit from a little more de-



Conrad Nobert is the chair of Path for People, an advocacy group that just launched a new site to crowdsource suggested locations for bike/walk paths in Edmonton. Inset: A screengrab of the group's evolving map online. TOPHER SEGUIN/FOR METRO

velopment to make them safer.

"That can mean different things in different places," Nobert said.

"So along a residential street it might be some minor traffic calming, but along a major road that might mean full separation for people on bikes, or redesigned intersections to give pedestrians a shorter crossing time."



When people feel safe getting to services or work, they will take out their bikes.

Dr. Doug Klein, co-founder of MOVE fitness program Paths for People is working with Dr. Doug Klein, co-founder of weekly outdoor fitness program MOVE, who sees the benefit in lifestyle for all Edmontonians — not just those who bike.

"When people feel safe getting to services or work, they will take out their bikes or try walking instead of defaulting to their cars," he said, in a release.

The group's eventual goal is a grid of routes in central Edmonton. Nobert points out that with 200,000 people living in the middle of the city, it's the densest part of the city—and has the most to gain from a network of paths.

The results of the map will be unveiled at the A City for Life event April 15-16.

"I remember visiting Good Earth when it first opened in 1991. It was unique as it served both amazing coffee and healthy food – I'm glad to see that some things don't change!"

- Elaine Kupser, customer since 1991.

In the summer of 1991, Elaine Kupser started her own business (IMPACT Magazine) the same time Good Earth opened its doors. Throughout the years, Good Earth has been part of Elaine's daily routine and community. It's a place where she has taken friends, family and clients over the last 25 years. And now with more locations to choose from, she won't run out of options to drink her favourite coffee or enjoy her favourite healthy foods!







6 locations in Edmonton! Find your nearest coffeehouse at www.goodearthcoffeehouse.com

No such thing as free parking

Park and Ride spots will cost more in future, council moves



Ryan Tumilty Metro Edmonton

With thousands on waiting lists for limited paid Park and Ride stalls, city councillors moved Monday to convert more free spots to paid spots and also raise prices.

At transportation committee, councillors voted to have administration come back with changes that can be implemented by September.

Exact details are still to be worked out, but councillors said it's time to change the way Park and Ride lots operate.

"The waiting list shows there is tremendous demand for it." said Coun. Scott McKeen. "The charge is really for the convenience of knowing that you're actually going to get a spot."

More than 3,500 people are on a waiting list for 250 parking spots at Century Park.

Paid spots at Park and Ride



The Century Park lot is often full by 7 a.m. Councillors are proposing to significantly expand the number of paid parking spots to ease this problem. KEVIN TUONG/FOR METRO

lots costs \$42 per month.

Coun. Ed Gibbons was on council in 2010 when the city introduced paid parking spots at

The charge is really for the

convenience of knowing that

you're actually going to get a

Spot. Coun. Scott McKeen

LRT stations and received com-

changed their tune. "Now it's 'We can't find a park-

But he said people have

ing space. We're willing to pay."" Gibbons said parking has to be a component of the city's transit system, because people want to drive to the LRT.

Both councillors said they fayour converting all free parking to paid parking, but will wait to see what administration sug-

The Edmonton Transit System Advisory board first suggested the change.

Board member Anand Pye said shifting Park and Ride to

paid parking will potentially stop lots from filling up early in the morning.

Pye said commuters who can't find spots are driving downtown.

"What we are seeing, right now, is that people are driving parallel to existing LRT lines that we have already paid a lot of money for."

Natalie Lazurko, acting director of policy implementation, said they consult with existing users about prices and consider options.

"We have to be careful of finding that right balance. The last thing we want to do is spill people out (to park in) neighbourhoods."

NDP's job creation Bill 1 lacks details, substance: Experts



Jeremy Simes For Metro | Calgary

Bill 1 is skin and bones, according to Amber Ruddy, the Alberta director for the Canadian Federation Of Independent Business (CFIB).

The bill — entitled the Promoting Job Creation and Diversification Act — passed first reading Tuesday.

Within it, the government lets the minister responsible

for economic development regulate programs.

But in terms of Bill 1's actual job creation details, there's nothing there, says Mount Royal University political science professor Duane Bratt.

this," he said. "They're talking about establishing programs and establishing regulations, but they already have that. I think the only need is symbolic value in calling it Bill 1."

Ruddy said the small busi-"I don't see any value in ness community wants details, noting the government's job creation grant hit a snag — the government won't confirm it's moving forward as planned.

"This bill is a skeleton of a job creation framework. We need meat on the bones and we need the government to be focused," she said.

Finance Minister Joe Ceci said job creation initiatives will be detailed in April's budget.

Economic Development and Trade Minister Deron Bilous couldn't comment by press



Memorial bound for better

OLD STRATHCONA

Bigger military monument to include bricks from the area



Tumilty Metro Edmonton

Plans for a new military memorial in Old Strathcona aim to honour the community's past while connecting the site to the present.

Stephen Gallard is working to move the existing memorial, which is tucked out of site in the southern end of the park, to a more prominent location — and expand it.

"We're going to build the monument up a bit, which will make it more visible," he said, noting vandals have hit the monument in the past.

He said the park has a deep connection to military history and would have been the last place many local soldiers gathered before heading off to the First World War.



A rendering of what the memorial could look like when it is moved north, CONTRIBUTED

"It was where the horses and troops would have mustered. They would have been processed through the armouries and boarded the railhead across the street and headed to the battlefields of Europe," he said.

Gallard said Alberta's regi-

ment, the South Alberta Light Horse, was connected to the area, with both its headquarters and regimental church nearby.

To build the new monument, which will include an obelisk and a paved courtyard area, Gallard has been

collecting bricks from several historic structures in the area, such as the Varscona Theatre, that they hope to incorporate into the new

"We thought we would take something out of the destruction of all those historic ele-



We thought we would take something out of the destruction of all those historic elements.

Stephen Gallard

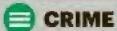
ments," he said.

"The history of that area is what we are trying to emphasize."

Gallard said they're looking to raise about \$550,000 for the memorial and hope to have it open in 2018 to mark the centennial anniversary of the end of the First World War.

A Remembrance Day ceremony at the memorial has been growing in recent years, and Gallard said moving the memorial to the north end will make it easier for people

Marshalling troops and marshalling people into the area has been really hard."



Court hears of failure of homeopathy in child death

A jury at the trial of a southern Alberta couple has been hearing how the parents gave their ill toddler homeopathic medicine to try to cure meningitis.

David Stephan, 32, and Collet Stephan, 35, have pleaded not guilty to failing to provide the necessities of life to 19-month-old Ezekiel, who died in March 2012.

The trial in Lethbridge has been told the couple first thought the boy had croup and treated him. with natural remedies and homemade smoothies.

During a recorded interview on March 15, 2012, Collet Stephan told RCMP that Ezekiel's body was too stiff to get him into his car seat. The couple put a mattress in the back of their vehicle to take him to a naturopath.

The couple said their son seemed to respond. Then his condition grew worse.

"All of a sudden his breathing wasn't normal," his mother told RCMP. "He was blue by the time we met up with the ambulance." THE CANADIAN PRESS





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Legislature opens with confusion and re-vote

in because my

right to vote.

Brian Mason

The first day of the Alberta legislature's spring sitting saw confusion, broken rules, a do-over and the government house leader forcing his way through a barred door to enter the chamber.

"I pushed my way in because my understanding was our members were being denied the right to vote," Brian Mason told media on Wednesday before he formally apologized to the Speaker and the sergeant at arms.

"I take responsibility for that." Nathan Cooper, house leader for the Opposition Wildrose, said his caucus lost a vote it may otherwise have won.

"It certainly was a gong show. We'll never know if it was a vote that we won or lost," he said.

"What happened today, in my opinion, is the government And to those members who didn't show up for work."

It was supposed to be a routine. I pushed my way piece of business: a vote by members of the house understanding was secured, I would to pick a new dep-uty chair of legisla- **our members were** urge you to con-uty chair of legislature committees.

As per tradition, Speaker Bob Wanner ordered pages to bar the doors to

the chamber once voting began to prevent other MLAs from entering.

The New Democrats, with 54 members in the 87-seat legislature, had ample numbers to elect their MLA, Heather Sweet, who was running against Wildrose MLA Prasad Panda.

But Cooper said when he looked across the aisle, there were fewer NDP members in the house than expected, maybe 30 or so.

It looked like the Wildrose could win, a result that would prove embarrassing and problematic to the governing party.

"It was very close," said Coop-

"We were shocked and

amazed at how close it was go-

That was, he said, until the confusion began.

Additional members, including Mason, began flowing in from the NDP side, ignoring the rule to stay out during voting, Cooper said.

"The government house leader bullied himself past two pages and took his seat in the assembly."

When the opposition protested, Wanner ordered results of the first vote nullified without announcing a winner.

He ordered another vote, but admitted there was confusion over who came early, who came late, and who should cast a ballot.

"I would rule that we re-vote.

were not here, who entered the chamber after the house was advised that the doors should be being denied the Wanner told the house.

Mason said when he realized he was wrong, he

and the NDP members who came late for the first vote left the chamber.

In the second vote, 59 members cast ballots and Sweet defeated Panda. The breakdown, as per tradition, was not revealed.

Greg Clark, Alberta Party leader, said he came late for the first vote, opened the chamber door and was blocked by a page saying he couldn't come in.

"I realized what that meant, that I wasn't allowed in, and so I backed off," said Clark.

"These (pages) are high school kids. If there's that sort of (barging in) ... happening, they're in a very difficult spot.

"You always have to be respectful of the House." THE CANADIAN PRESS GO East," which they held



AUMA President Lisa Holmes and Premier Rachel Notley snap a selfie at the mayor's caucus on Wednesday morning, with the group's "Go East" placard in the background. GOVERNMENT OF ALBERTA

Mayors back pipeline

ENERGY EAST

Premier says Canada shouldn't rely on oil imports



Ryan Tumilty Metro Edmonton

Alberta's mayors are trying to hammer home the message that their communities are on the other end of the proposed Energy East pipeline.

At the Alberta Urban Municipalities Association's Mayor's Caucuses Wednesday, the crowd of mayors - including Edmonton Mayor Don Iveson all had placards reading

up during a speech from Premier Rachel Notley.

Lisa Holmes, president of the association, said the mayors want to send the message that the provincial economy needs pipelines like the \$15.7-billion one proposed by TransCan-

"Projects like this are of national significance, but especially in Alberta, especially now. We need to stand up and say we need more jobs," Holmes said.

Recently, mayors in Montreal came out collectively against the pipeline due to environmental concerns, only to see the mayor of Quebec City lend his support to the project.

If approved, Energy East will run from near Hardisty, Alberta, through Quebec, onto Saint John, N.B..

"We need to stand up and

Canada should be relying on its own abundant energy resources and our energy dollars should be building our economy here in Canada. Premier Rachel Notley

show we are willing to be a voice as loud as the other municipalities that are coming up across the country," Holmes said.

Notley said market access is key to easing the boom and bust cycles Alberta so frequent-

"Alberta's producers must be able to sell to a wider range of buyers to better insulate us from energy shocks," she said.

She said Canada shouldn't rely on oil imports, which currently stand at one million barrels a day.

"That just makes no eco-

nomic sense for anybody in Canada," she said.

"Canada should be relying on its own abundant energy resources and our energy dollars should be building our economy here in Canada. It's simply that clear."

Notley said the province's new climate change plan should also be a sign to people who are wary of allowing the oilsands to expand that the government is taking the issue seriously.

"Alberta as a whole is changing its approach to emissions and will take real action."



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Debut Birdie lifts author to acclaim

BOOKS

Story of self-discovery competing in Canada Reads



Alex Boyd Metro Edmonton

Tracey Lindberg is a professor, a lawyer and now, a successful author whose first book has been nominated to compete in Canada Reads.

Birdie tells the story of Bernice, an indigenous woman who leaves home in northern Alberta and travels to the West Coast of B.C. as a way of grappling with her difficult past.

We asked Lindberg about the book.

Canada Reads' theme this year is "starting over." How does your book fit?

In terms of starting over, Birdie is, at heart, about that time

in your life when you start to delineate between that which is given to you - family, home, life — and that which you build. Bernice starts over, asserts what power she has, and begins to understand the full meaning of autonomy, agency and her own place as an indigenous woman.

How much of your own life is in this fictional story?

Growing up off-reserve in an urban setting, being hyper aware of the violence that impacts indigenous girls and women, and indigenous people as prey - sure, I know this stuff. I also know the beautiful cadence of the Cree language, the warmth and wryness of our humour, that love is a verb or something you do, the beautiful web of indigenous relationships.

What do you want people to take away from your book? My fondest wish is that

people love Bernice, under-

stand that indigenous women are worthy of love, respect and deserve kindness.

I want all of us living on indigenous territories to start to think about what forming or renewing relationships with each other (indigenous and non-indigenous peoples) looks like in its healthiest formulation. You chose us, Canada, and as cousins we have a responsibility to each other.

You've said that writing and practising law both allow you get at the truth.

Much of my time as a (former) research chair and (current) professor has been spent trying to articulate indigenous laws and legal orders and the principles and framework for healthy, indigenous law-abiding lives. Inevitably, people want to talk about and see what that looks like in practice. In life, Birdie is an on-ramp that allows us to talk about indigenous laws as a lived and observable experience.





SKIRTSAFIRE

Female-focused festival flourishing in fourth year

From a wing and a prayer to a church full of choirists, the city's only multidisciplinary arts festival to focus on women has doubled its artists and attendance since its start.

Skirtsafire enters its fourth year as it opens Thursday, and organizer Annette Loiselle continues to be inspired by the women who participate. "It's quite fascinating to learn about these disciplines," she said. "We're all artists, but we form different communities."

The festival's start was largely focused on theatre and performance, but it has grown to bring together diverse disciplines.

Participation ranges from the music of The Secretaries to fashion designers in the skirt competition, and the edgy comedy of The Dirrty Show. And this year features the first Women's Choral Festival. Events are held in venues around the city and, Loiselle emphasizes, are by donation.

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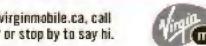
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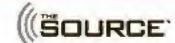
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metr@NEWS Edmonton Thursday, March 10, 2016

Push for assistive migration

ECOSYSTEMS

U of A research looks at human intervention for troubled plants



Alex Boyd Metro Edmonton

As climate change transforms many of Alberta's ecosystems, a group of researchers are helping struggling plants put down roots in new places.

Assistive migration is the somewhat controversial practice of taking plant species struggling in habitats altered by climate change and replanting them in more suitable locations.

Jennine Pedersen spent several seasons transplanting a small purple flower called the northern, or meadow, blazing star, as part of her graduate research.

"People have been moving plants and vegetation around for centuries," she said. "The concept is old but applying it to climate change is new."

Although native to Alberta,



The University of Alberta's Jennine Pedersen at one of her research sites, CONTRIBUTED

the flower grows only in a narrow section of parkland from Edmonton to Lloydminster. It's not very good at spreading on its own — and tends to be surrounded by agricultural land where it can't grow — making it ideal to study climate change.

Flowers were planted in sites in its current habitat, as well as further north and further south. The plant did better in the northern site than even in its home range — establishment rate in the northern site was four times higher.

"(It suggests) that this species will face unfavourable conditions in its current range," Pedersen said.

Despite the long history of well-meaning people introducing a non-native species that takes over, assistive migration



The concept is old but applying it to climate change is new.

Jennine Pedersen

can be done responsibly, said Scott Nielsen, the principal investigator and an Alberta Biodiversity Conservation Chair.

"Most of the invasive species issues are where you break big boundaries, like oceans," he said. Plants moved within the same continent, for example, tend not to grow out of control.

Nielsen sees a need for governmental policy that would make sure assisted migration is done in the right way, with the most appropriate species.

the most appropriate species.

He adds that for species that don't spread very effectively on their own, or that live in a fragmented habitat, assisted migration may be one of the few tools available.

"There are going to be winners and losers in climate change; it boils down to what we want to take care of."



COLLISION

Witnesses sought after pedestrian hit in west end

Police are seeking witnesses after a pedestrian was hit in west Edmonton Tuesday night.

A 55-year-old man was struck just after 8:45 p.m. Tuesday while crossing in a marked crosswalk at 111 Avenue and 127 Street.

Police said in a release the driver of a red GMC Sierra truck was turning left onto 111 Avenue and struck the pedestrian. Emergency crews attended the scene and the man remains in hospital with life-threatening injuries, according to the police.

No charges have been laid against the 40-year-old male driver. Police do not believe speed or alcohol to be a factor in the collision.

Edmonton saw 319 pedestrian collisions in 2014, up seven per cent from the year before. The number of collisions involving pedestrians in 2015 has yet to be released.

In late February, an 81-year-old woman died after being struck in a marked crosswalk. METRO



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NEWS

Trudeau's U.S. visit a trip of firsts

DIPLOMACY

PM, family land in Washington ahead of White House dinner

Justin Trudeau's first prime ministerial visit to the United States got underway Wednesday as he stepped off the airplane with his wife and children to begin a trip unique in the recent history of Canada-U.S. relations.

Anticipated announcements on bilateral issues like climate change, next-generation border security and the Arctic are merely one tranche of the story of the three-day trip.

It's also a snapshot in time. The highlight will be the first state dinner for a Canadian in 19 years at a moment where two sympatico progressive leaders hold office and the

progressive leaders hold office and the Canadian one also happens to be unusually well-known here.

The visit has prompted a rare degree of American media attention. A more gushing example was in the tabloid Politico headline, "Justin Fever Hits Washington," followed by a story where a senior White House official admitted having a bit of a crush on the young leader from the north.

It also comes so late in Barack Obama's tenure that one official couldn't say whether or not this state dinner — the 11th of his presidency — might be his final one.

The U.S. electoral subtext was sprinkled through Trudeau's first public remarks. His main theme to a cocktail reception were about diversity.

"It becomes easy to be fearful," Trudeau told the gathering at an art gallery near the White House.

"It becomes easy to turn in on ourselves. But we know from history that it's much more important to turn outwards. And to draw out the best of each other."

Thursday is the main meeting with President Barack Obama in the morning, followed by meetings with senior members of Congress and the state dinner in the evening. THE CANADIAN PRESS



Justin Trudeau holds his son Hadrien as he steps off the plane. PAUL CHIASSON/THE CANADIAN PRESS



Dessert items are seen during a preview a day before the State Dinner for Canadian Prime Minister Justin Trudeau at the White House on Wednesday in Washington, D.C. AFP/GETTY IMAGES

ON THE MENU

'A wonderful juxtaposition of flavours'

The best of America's spring produce, with a little help from some Canadian whisky, will feature heavily on the menu for the state dinner Thursday night to mark Justin Trudeau's first prime ministerial visit to the U.S.

The first course at the White House will see the Trudeaus and the Obamas dine on Alaskan halibut "casseroles" with cepes, delicate angel hair asparagus, chanterelles, baby onions and lardon and herbed butter. This will be followed by roasted apricot galette with Appalachian cheese, heirloom lettuces and pine nut crisps.

The menu says the state dinner features ingredients from the Pacific Northwest to the Atlantic coast.

"With a mindfulness to the

coming of spring, White House executive chef Cris Comerford and executive pastry chef Susie Morrison will present dishes highlighting elements of the season and the best of America's farms and seas," says the menu.

"One of our canapes is actually a duck poutine," said Comerford as he described Hudson River duck shaved on fries with gravy and cheese. "So it's kind of like a take on a wonderful national dish of Canada."

The vegetables for the first course come from a farm in Ohio and the herbed butter is sourced from Michelle Obama's White House kitchen garden.

The cheese from the second course comes from Galax, Va.

"With sweet and salty, and soft and crunchy, all in one dish, the

The first course of the state dinner in the State Dining Room at the White House.

salad has a wonderful juxtaposition of flavours and textures," says the menu.

The main course consists of a herb-crusted lamb from Colorado, Yukon Gold potato dauphinoise and lightly sautéed spring vegetables.

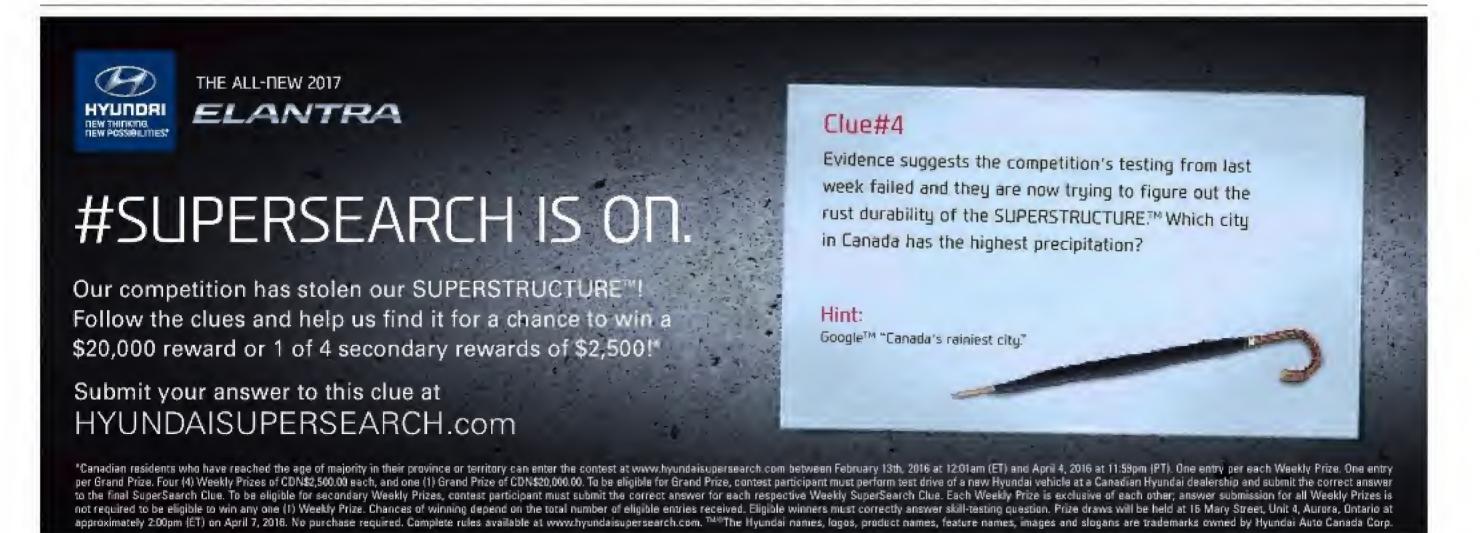
"As a finishing touch, the dish is drizzled with Yukon Jack Canadian Whisky," reads the menu.

Dessert continues the spring theme as the chefs plan to serve a maple pecan cake with cocoa nib wafer and butterscotch swirl ice cream. The pecans in the cake are Texan and the maple syrup comes from New England.

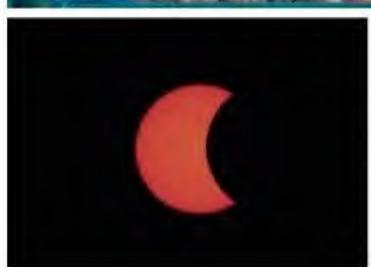
Three wines will be served: Pence Chardonnay "Sebastiano" 2013 with the second course, Cliff Lede "High Fidelity" 2012 with the main course and Chateau Chantal Ice Wine 2013 with dessert.

Trudeau's visit marks the 11th state or official visit of Barack Obama's presidency but the first for a Canadian in 19 years.

THE CANADIAN PRESS



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gazed at the sky and cheered while others prayed as a total eclipse of the sun unfolded over Indonesia Wednesday, plunging cities into darkness and startling wildlife. The rare phenomenon was witnessed along a path that stretched across 12 provinces, three time zones and about 40 million people. A partial eclipse was visible across a swath of Asia and northern Australia. Thousands flocked to Indonesia from abroad and the government, which has been promoting the event for more than a year, forecast a substantial tourism boost.

THE ASSOCIATED PRESS; PHOTOS: AFP/GETTY IMAGES

Trump calls for a united front

REPUBLICAN NOMINATION

Frontrunner says he'd beat Clinton with party backing

Donald Trump called for Republicans on Wednesday to rally behind his presidential candidacy after he cruised to primary victories in three more states, declaring that he could not be defeated in the November general election as the standard-bearer of a united party.

On the Democrat side, Vermont Sen. Bernie Sanders handed former Secretary of State Hillary Clinton a surprise loss in the industrial state of Michigan, increasing the likelihood that the contest for the party's nomination could stretch into early summer. Clinton, however, crushed Sanders in the southern state of Mississippi, continuing to win a large mangin among black voters.

Speaking to MSNBC on Wednesday, Trump said: "If the Republican party unites behind us, nobody can beat us."

But Trump evaded questions about how he would carry out his campaign promises, especially his boast that he would build a wall along the Mexican border to stop illegal immigration and make Mexico pay for it.

He did concede that he is not doing as well with women voters because of the stinging language of his campaign. "I can see women not necessarily liking the tone (of the campaign), but I had to be very harsh to win," he said of his brutal counterattacks on party elites and fellow candidates, particularly Florida Sen. Marco Rubio and Texas Sen. Ted Cruz.



Clinton increased her delegate lead by sweeping Mississippi and is now halfway to the number needed to clinch the nomination.



Donald Trump called for Republicans to rally behind him, GETTY IMAGES

Trump has won 15 of 24 Republican nominating contests so far, but he must do better to win the nomination. His lead over Cruz grew by only 15 delegates Tuesday because all four states awarded delegates proportionally, so even the second-place finisher got some.

Cruz captured the Idaho primary and Rubio, the favourite of the party establishment, failed to pick up any delegates Tuesday. He needs to win home state Florida next week to stay in the race.

THE ASSOCIATED PRESS



FLYING BACK TO CANADA? DON'T GET STUCK ABROAD.

Starting March 15, 2016, Canada's entry requirements are changing. If you received a work or study permit before August 1, 2015, and plan to travel outside Canada and return by air, you may need to get an Electronic Travel Authorization (eTA).

Don't wait. Apply online today at Canada.ca/eTA.

IMPORTANT: The eTA does not apply if you are a Canadian permanent resident travelling internationally. You will still need your permanent resident card to board your flight back to Canada.



Government of Canada

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10 Thursday, March 10, 2016 Business | metr@NEWS |

Canada's egg farmers push back

CAGE-FREE HENS

Big restaurant chains shun enriched cages compromise

Some 17,000 hens and one rooster at Roger Pelissero's egg farm in West Lincoln, Ont., live in cages that may be the envy of most other hens in Canada.

The cages, which are about 1.5 metres wide and 3.7 metres long, contain about 60 hens per colony and are outfitted with perches, a scratch pad and two partitioned nesting areas for laying eggs in private.

But as major restaurant chains increasingly promise to dish out eggs solely from hens not confined to cages, they shun enriched caging — a compromise that Pelissero and other Canadian egg farmers hope that hens, farmers and consumers can live with.

Pelissero's hens once lived in battery cages, a type of housing that only offers each bird the living space of about a standard piece of paper. In 2013,



Hens on a free-range farm in Canada, courtesy world ANIMAL PROTECTION

he upgraded to enriched cages, which allow hens to exhibit more natural behaviours, like dust bathing.

About 90 per cent of hens in Canada currently live in battery cages, according to

the Egg Farmers of Canada. The remainder are in enriched cages, indoor free-run systems or free range.

Pelissero considered shifting to a cage-free alternative but decided against it due to

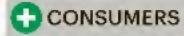
health concerns for his birds and workers, mostly family.

Cage-free housing can mean more dust and ammonia in the barn because hens aren't completely separated from their litter, said Peter Clarke, chairman

of the Egg Farmers of Canada.

People working in free-run set-ups can suffer short-term respiratory problems, found a 2015 study by the Coalition for Sustainable Egg Supply.

Birds in free-run systems



Grocery stores offer shoppers a choice of eggs

Canadian consumers are egg farmers' No. 1 clients and the grocery stores they shop at still offer a range of choice, including certified organic eggs (which are always freerange) and those from enriched housing. But if public opinion

joins the changing corporate tide, Canada's egg farmers may have to reconsider their

died more frequently, pecked at other hens more aggressively and their keel bones showed more damage than their battery cage counterparts. The hens in free-run systems were also more likely to die of cannibalism. THE CANADIAN PRESS



KEEP OFF THIN ICE

This time of year, a thin layer of ice covers the lakes and ponds in Edmonton. While it looks safe, it's not thick enough to support the weight of a person - not even a child.

Please obey all posted signs and play it safe when you're planning outdoor activities like skating and cross-country skiing.

For more information about ice safety, call 311.

Google's software beats Go champ

Google's computer program AlphaGo defeated its human opponent, South Korean Go champion Lee Sedol, on Wednesday in the first face-off of a historic five-game match.

AlphaGo's victory in the ancient Chinese board game is a breakthrough for artificial intelligence, showing the program developed by Google DeepMind has mastered one of the most creative and complex games ever devised.

Commentators said the match was close, with both AlphaGo and Lee making some mistakes and a result that was unpredictable until near the end.

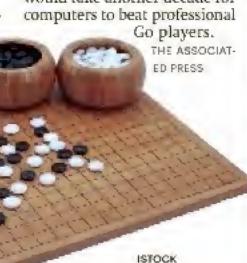
Lee's loss was a shock to South Koreans and Go fans. The 33-year-old initially was confident of a sweeping victory t W 0 weeks ago. b u t sounded

less optimistic a day before the match. "I was very surprised because I did not think that I would lose the game. A mistake I made at the very beginning lasted until the very last," said Lee, who has won 18 world championships since becoming a professional Go player at the age of 12.

Hundreds of thousands of people watched the game live on TV and YouTube.

Computers conquered chess in 1997 in a match between IBM's Deep Blue and chess champion Garry Kasparov, leaving Go as "the only game left above chess" Demis Hassabis, Google DeepMind's CEO, said before the game.

Al experts had forecast it would take another decade for





IN BRIEF

BoC keeps key rate the same ahead of fed budget

The Bank of Canada is sticking with its key interest rate as it awaits billions in economyboosting measures expected in the federal budget. The central bank kept its interest rate locked at 0.5 per cent. The bank's decision comes as the federal government insists its March 22 budget will include big-ticket spending to help the economy. THE CANADIAN PRESS

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MEURIEWS

Your essential daily news

Thursday, March 10, 2016

CHANTAL HÉBERT: ON CONSERVATIVE CAMPAIGN CASH



For seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

It is a political rule of thumb that defeated incumbents tend to drown their sorrows in money and it turns out the federal Conservatives are no exception.

At \$5 million, the spending limit imposed on each of the candidates who will vie to replace Stephen Harper between now and next spring is more than five times higher than the maximum allowed for the leadership contest that resulted in Justin Trudeau's election.

But it is in the same general ballpark as that set by the Liberals immediately after they lost power to the Conservatives in 2006.

Over the campaign that ended with Stephane Dion's victory, the candidates were allowed to spend almost \$3.5 million each — down from \$4 million at the time of Paul Martin's quasi-coronation in 2002.

In between the two Liberal leadership contests, more restrictive Elections Canada fundraising rules had come into effect. Corporations were no longer permitted to dish out generous helpings of money to their favourite candidate. Only individuals could

Under the lax rules of the past, a leadership candidate with deep pockets was able to make up for outsider status by financing her own campaign.

contribute a modest amount of money.

In 2006, the Liberals were the first to try out those new rules and the result was a collective disaster.

By the time the campaign ended, more than half the 11 candidates were mired in debt. Over the years that followed their efforts to pay off sider status by financing her own campaign.

But in this contest, businessman Kevin O'Leary would be forbidden to tap into his own considerable financial resources. Instead he would have to find supporters to finance his campaign \$1,500 at a time.

The immediate impact of the high spending limit the





POTENTIAL PAIRING If former cabinet ministers Jason Kenney and Peter MacKay both run for the leadership of the Conservative party, they could drain the donation pool and bolster their front-running positions by outspending the rest of the competition, Chantal Hébert writes.

THE CANADIAN PRESS

those debts put a cramp on the party's fundraising efforts, (Unlike the Conservatives today, the Liberals could at least count on a public per-vote subsidy for most of that period.)

To top it all, the 2006 Liberal campaign did not yield a winning leader.

The Conservatives apparently believe they are immune to those risks. Not that they have any experience with the process — Harper was selected under the old free-for-all system.

Under the lax rules of the recent past, a leadership candidate with deep pockets such as Belinda Stronach was able to make up for her political out-

party has settled on will likely be to give an added incentive to the other prospective candidates to wait for a clear signal from Jason Kenney and Peter MacKay as to their leadership intentions.

If both former ministers run, they will suck a lot of money out of the donation pool, and be well positioned to compound their front-running status by outspending the competition.

In this contest, the ability to finance a truly national campaign will be crucial.

For it will not be good enough to sign up a lot of members in a given region. Each riding — whether its membership is in the thousands or less than 50-strong — will be worth 100 points to be split among the candidates based on the percentage of their support.

In theory, a candidate could come first in the 99 ridings the party currently holds but still lose by not doing well in the 239 that are not currently represented by a Conservative MP in the House of Commons.

And if you think that is an extreme scenario, consider that, on balance, Kenney is best placed to score high in many of the Conservative-held ridings but MacKay could be an easier sell in most of the non-conservative ones.

There are of course more ways to gain from a leadership campaign than by becoming leader

Brian Mulroney, John Turner, Jean Chretien and Paul Martin all built subsequent leadership victories on an initial failed bid.

In a polarized contest between two front-runners, it can also be a winning strategy to start off from behind with the goal of becoming everyone's second choice.

When Dion entered the 2006 campaign, he was considered a placeholder whose sole mission was to represent Quebec in the lineup dominated by Michael Ignatieff and Bob Rae.

But for seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

Required reading for all Canadians on doctor-assisted death

We are watching the slow march towards medical-assisted death laws in Canada. But despite a looming June deadline, all is far from settled.

For years, in poll after poll, a wide majority of Canadians have supported physician-assisted death, in a very specific case: When an adult is terminally ill. The results were 67 per cent in 2011, 84 per cent in 2014 (when someone is "suffering and repeatedly asks for help to end their life"), and 77 per cent last August.

Months earlier, the Supreme Court had ruled that competent adults, facing intolerable suffering from an irremediable and grievous medical condition, have a charter right to physician-assisted death.

The Supreme Court decision was succinct, to the point of omission. It did not discuss mental illness, the rights of minors, or advance requests for an assisted death.

It left a joint Senate-Commons committee in a position to recommend detailed laws, and the committee took almost every chance to make them as broad as possible. The mentally ill and minors should be eligible, its report says, and advance requests allowed.

Those recommendations have neither the polls to prove general support from Canadians, nor the explicit foundation of a Supreme Court ruling. Four members wrote a

dissenting report.

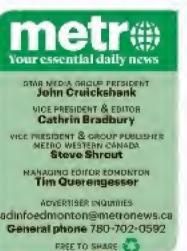
And the recommendations also don't have the support of the Canadian Medical Association, which objects to the suggested requirement that physicians "provide an effective referral for the patient."

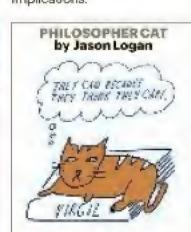
Catholic leaders, unsurprisingly, also object. In an outraged and at times condescending tone, Cardinal Thomas Collins, Archbishop of Toronto, condemned the committee's report in a letter read at masses on Sunday. "Some people" believe life has no value after a certain point, "since they cannot function as they once did," Collins wrote, and he warned compassion is "a shaky foundation for social policy."

Both statements are misleading. Compassion is not the basis for new laws — the charter is. It is not "some people" who want some kind of assisted-dying law — it is a large majority of Canadians. But Collins perhaps isn't wrong to wonder how many Canadians realize the scope of assisted dying currently on the table.

Which isn't to say the scope is too broad. I don't yet know myself where I stand on the recommendations.

But given the dramatic change upon us, perhaps now is the odd time I'll recommend you read, in full, a 60-page parliamentary report, and prepare yourself for the implications.





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FRISAME START 7 PM







Goodbye "cone of shame" — the Cover Me by Tui onesie is a post-surgical garment for dogs. "The fabric is breathable so it promotes healing," says company founder Stephanie Syberg.

Your essential daily news

Thursday, March 10, 2016

Questioning parenting norms



Author Heather Shumaker advocates giving children more freedom to sort out issues like sharing and rough play. ISTOCK

NEW BOOK

Heather Shumaker wants kids to run and yell

Homework? Ban it! Circle time? Not for every kindergartner. Forced sharing? How about letting a kid play with a toy until she's done?

Those are just a few of the ideas that Heather Shumaker advocates as "renegade" in a new book, It's OK to Go Up the Slide, an extension of her first parenting guide. It's OK Not to Share.

Shumaker is the mom of two boys, ages 11 and 8, in Traverse City, Mich. As a youngster, she was a student where her mother taught for 40 years in Columbus, Ohio, the unorthodox School for Young Children. Free play was encouraged and teachers did things like providing boxing gloves to children to learn how to navigate rough play.

"Children who come out of that program are unusually skilled in conflict mediation and coping with their emotions," says Shumaker, who is 48.

The new book, out in March, extends her outlook from very young children she focused on the first time around through the middle school years.

Can you talk about the gap between what we, as

adults, know about kids and what we actually DO about kids?

We know a lot more about brain development and the value of play than we ever have before and yet we're kind of doing the opposite. Back when I was a kid, we didn't know much about brain development but we trusted kids more, so we were willing to trust their play. If it involved toy weapons, we were willing to go with it.

Now, we know a lot more about the benefits of free play and how that affects learning, the benefits of big-body play — running around, bicycling, yelling, wrestling, but I think there's a culture of fear.

How do parents need to reinvent parenting? You say we have to be willing to tip what we know upside down, become renegade parents.

We accept a lot of parenting habits as truth, whether it's don't talk to strangers or safety first or do your homework. These are things that we just accept as sacred mantras. These conventions become our habits generation to generation. And yet the more we learn and through some of the research, these are just plain wrong.

You talk about the importance of parents taking off their "adult lenses." Can

you explain what you mean by that?

We're very good at adult amnesia, forgetting what it's really like to be a kid. So if a kid doesn't do what she's told in the kindergarten circle time, she's labelled as defiant. You know, they're not going to fit into society, they're going to become that loner that causes problems. ... We really leap to a lot of conclusions, but a kid doesn't have to do what the group's doing so long as their actions don't disrupt the group. Adults sometimes need to let kids do what they do.

You take on a lot of the hot buttons in parenting and education, such as homework, but tell us what you mean by "renegade sharing," especially in a school setting?

A lot adults will set a timer, say five minutes and then it's loey's turn, or just take a toy out of a child's hands and say, you've had this long enough, now be nice and share with your friend. This makes the kid feel rotten. We're doing it to encourage generosity and awareness of others and all those good things but it actually backfires and delays that development of generosity. What you want is for a kid to share when you're not looking, because it feels good and they want to internally. That happens when they have some control and

when they feel that rush of good feelings.

Tell them you can play with that as long as you want, until you're done. It protects that right. It works well even with 2-year-olds because it's simple, it's fair, it's easy and the kids get it. Now, kids learn really early to say, she's not sharing, in that whiny voice, and they know that means instant gratification and adults will swoop in.

Another one of your topics is the idea of sharing "sad stories" with kids. At what age, to what degree?

A lot of story books for children are being sanitized, where the gingerbread boy does not get eaten by a fox anymore. They sit down and they're friends. This doesn't seem satisfying to kids. They know something's not quite right.

Adults are scared of those feelings. They want to spare kids sorrow, all those difficult feelings - fear, anger. They want this generation to be where everybody is peaceful and friendly. The perfect generation. But that's not reality. They feel these feelings anyway and they need to have that reflected in stories around them. You can mix them in. Not everything has to be doom and gloom, but if a child is old enough to ask about sad things, she's old enough to get an honest an-SWED, THE ASSOCIATED PRESS.

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metr#LIFE Books Thursday, March 10, 2016 15

Police shootings influencing crime genre

BLACK LIVES MATTER

Fiction writers taking a page from today's racial tensions

Walter Mosley, best known for Devil in the Blue Dress and other novels featuring the black detective Easy Rawlins says he has been working on a new book. It's about a former New York City policeman investigating the shooting of two officers by a black man. The investigator then learns that the officers had tried to kill the man first.

"In the end he realizes that he has to come to some kind of understanding about how the system works, that his own sense of law and justice is never going to work for him," says Mosley, who is calling the novel Detective, Heal Thyself.

The wave of police violence that helped launch the Black Lives Matter movement is also influencing a genre that captured tensions between police and non-white communities well before the rise of social media and cellphone videos.

Publishers and writers say that story lines known to readers of Mosley, Eleanor Taylor Bland or Gary Phillips, will likely become more common and intense.

"This particular issue has long and faithfully been represented in crime fiction," said Joshua Kendall, editor-in-chief

t convicted.

Kendall is, however, trying to change the visibility of black writers. He has agreed to a multi-book deal with Attica Locke and says he is looking to sign up other black writers.

Phillips, who set his 1994 novel Violent Spring in the aftermath of the Los Angeles police beating of Rodney King, said he was hoping

of the crime fiction imprint

the fiction has been over-

looked, just as the actual rate

of abuse overlooked by media

until now. That said, we need

and want more fiction about

it. The curiosity, concern and

appetite seem to have finally

diverse than much of the book

world and, at least in the near

future, many narratives that

take on race will likely come

from white authors such as

David Baldacci, Ben Winters

and Trudy Nan Boyce. Bal-

dacci's novel The Last Mile,

scheduled for April, tells of a

black man on death row and

the likelihood he was wrongly

But crime fiction is no more

"It's simply that much of

Mulholland Books.

grown."

that younger authors such as Aaron Philip Clark and Desiree Zamorano would tell stories reflecting more recent events.

"The old days of the PI with just a file and an address and a sexy secretary are long dead," said the 60-year-old author.

"Back in the 1980s and '90s writers like me and Walter Mosley and Paula Woods pushed the envelope forward and looked at different issues. I think the younger folks will do even better pushing it forward more. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses."

"Everyone knows of Walter Mosley, and there have been other excellent black crime writers published in recent years, such as Paula Woods," says Mark Tavani, vice-president and executive editor of G.P. Putnam's Sons.

"But in my experience these writers are a small percentage of those I see. As the larger discussion about race and justice engages more people, I can see that changing." THE ASSOCIATED PRESS



Devil in the Blue Dress author Walter Mosley's latest novel centres around racism and the justice system. RICK MAIMAN/THE ASSOCIATED PRESS

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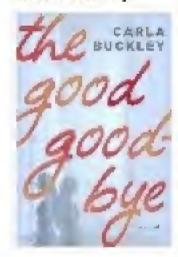
The old days of the PI with just a file and an address and a sexy secretary are long dead. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses.

Gary Phillips, author

BOOKS ABOUT FAMILIES

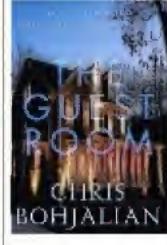
When family members come together, the results can be explosive. Here are six new reads about family relationships that pack an emotional punch. TORSTAR NEWS SERVICE

The Good Goodbye Carla Buckley



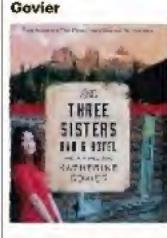
The novel begins when Natalie, a Washington restaurateur, learns her daughter, Arden, and niece, Rory, have been hospitalized following a fire in the college town where they live. Another student is dead. As the arson investigation unfolds, Natalie discovers disturbing facts.

The Guest Room Chris Bohjalian



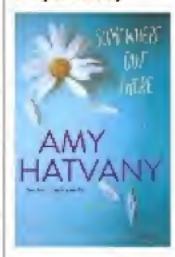
Richard, a mergers and acquisitions guy, agrees to host his younger brother's bachelor party, complete with two strippers and a couple of Russian bodyguards. At the end of the evening, the Russians are dead and the strippers have fled.

The Three Sisters Bar and Hotel Katherine

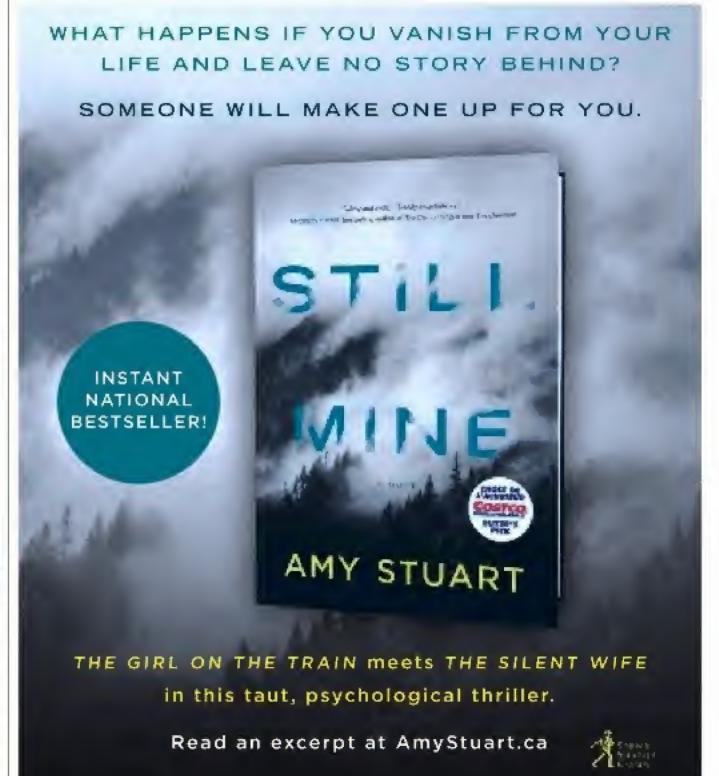


The big question at the heart of this sweeping saga concerns the fate of the Hodgsons — an archeologist, his wife and two adult children — who disappear during an expedition at the beginning of the book.

Somewhere Out There Amy Hatvany



In 1980, Jennifer was living in her car with two small daughters, Natalie, 6 months, and Brooke, 4, and pilfering food to feed them. When she is caught and incarcerated, the children are taken from her. It picks up the lives of the mother and daughters 35 years later.



Butcher's Hook makes for a gory debut

JANET ELLIS

From sunny kids TV show host to dark gothic novelist

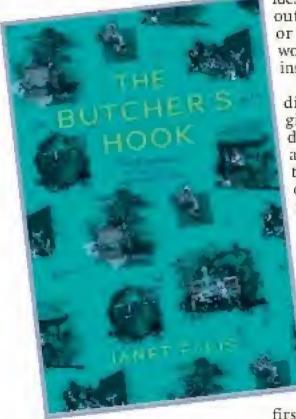


If you grew up in the U.K. during the past five decades, it's likely that you were weaned on the iconic BBC kids program Blue Peter. It's also likely that you're familiar with its one-time presenter, Janet Ellis, who has spent her career since the age of 21 in front of the camera.

But now, at 60 years old. Ellis has found a new role as debut novelist with her book The Butcher's Hook, published in Canada with House of Anansi Press.

Set in 18th-century Georgian London, the dark, Gothic tale is not what you'd expect from a former kids' show host, or the lovely, charming woman who interrupts her sunny vacation in Lisbon to take a media call.

The Butcher's



Hook follows Anne, a clever, unsentimental young woman whose sheltered but emotionally neglectful upbringing has made her ruthlessly independent and calculating. When Anne falls in love with Fub. the butcher's son, she demonstrates, in a particularly bloody and violent way, exactly how far she'll go to get what she desires.

Ellis, who has been writing for years, says that the idea for the novel started with Anne's character.

"All I knew initially was that she was unhappy, lonely, and really shut off from the world, and that bad things had happened to her," says Ellis, who read contemporary diaries - including her own. from the ages of eight to 16 - to authentically capture the self-occupied inner life of a teenager.

"There were things happening in the world but I never worried about them," she says. "It was more about going to choir practice and there being a boy who didn't fancy me anymore."

The Georgian era, which lends the book its dark atmosphere, also allowed Ellis to create a world for Anne in

which gender and class divides ruled the day, but without the broader political or social influences that would have dominated, for

instance, the Victorian era. "I think I had a predilection for the Georgian times. I live in London and you can see it around the places where the Victorians didn't come in and stomp their feet loudly," she says. *Communication was just starting to build up, and most people were still uneducated. Everyone in the book acts like they do despite history, they're not informed about what's happening in the world.

When Ellis's agent first presented The Butcher's Hook, it was done so under a pseudonym, out of concern that publishers would be expecting a YA novel or a story as wholesome as Blue

Peter's reputation. Despite the anonymity, the manuscript inspired a small bidding war, which resulted in a two-book deal for Ellis (she is currently at work on a second novel, set during the 1970s.)

"I love everything I've done in the past, but the book is me," she says.

"The fact that it was alone in the world on its own for a while is hugely rewarding."

Sue Carter is the editor at Quill & Quire magazine.



I love everything I've done in the past, but the book is me

First-time author and one-time BBC kids program presenter Janet Ellis





REVIEW Reprint offers a bloody good time

Mike Donachie Metro | Canada

Bloody Mary BY: Garth Ennis and Carlos Ezquerra **PUBLISHER: Image Comics**

Be warned: This book is not subtle.

Back in print for the first time in a decade, Bloody Mary takes us to the dystopian future of 2012 (yes, really), and is a truly unrelenting blood-

The title character, Mary Malone, is an indestructible commando assassin killing her way across fascist Europe in the name of freedom, while dressed as a nun. Just go with it.

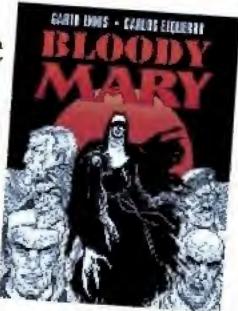
This one's a treat for action fans, because few people write a battle scene like Preacher's Garth Ennis and nobody draws one like Judge Dredd co-creator Carlos Ezquerra.

It's messy, gruesome and exciting, and, if you don't mind comic books with an utter lack of depth, really

entertaining.

The best part is this material used to be scarce, because it's only been reprinted once since it was first published as part of DC's Helix imprint in the mid-'90s.

It's great to see it back, even if it is a guilty pleasure.



MUSIC BRIEFS

'FIFTH BEATLE' GEORGE **MARTIN DEAD AT 90**

You may not recognize his name, but you will recognize George Martin's sound. The man who brought the world the Beatles revolutionized modern music in more ways than we realize. Martin has died, his management said Wednesday. Here are a few contributions from Martin's 90-year life:

The Beatles. He signed John, Paul, George and Ringo in the early 1960s and transformed them into the legendary Fab Four. Their albums became art forms, reaching listeners on all continents and exploring new recording techniques. Their relationship, too, broke new ground: The performers gradually took the upper hand over their producer, composing their own material in an erawhen that was rare, while he translated their vision into top-selling hits.

With the multitude of musical possibilities today, it's hard to imagine a time when music was recorded on single tracks. Martin used emerging multipletrack technology to experiment with the Beatles, producing a new kind of music that could only be made in a studio. Different sounds and instruments could be layered, each one adjusted and cleaned up, accelerated or reversed. From the two-track Please Please Me in 1963 to the eight-track Hey Jude, Martin expanded what was expected.

James Bond Music. Action films didn't enjoy chart-topping theme songs until the 1960s. Martin helped produce Shirley Bassey's Goldfinger in 1964 and later scored McCartney's Live and Let Die in 1971.

THE ASSOCIATED PRESS

Books that are all about the tunes

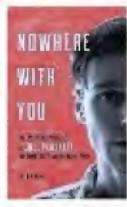
Ranging from late '90s CanCon, to tone deafness, to an NPR legend, to Kanye vs. Swift, these four new books are for the music lovers out there. TORSTAR NEWS SERVICE

Nowhere With You

Josh O'Kane (ECW, April 1)

Joel Plaskett is a Canadian music legend, and this book, subtitled The East Coast Anthems of Joel Plaskett, The Emergency and Thrush Hermit, features original interviews, exclusive photos and a look at the Haligonian's early days as

part of the band Thrush Hermit everything you need to get to know him.

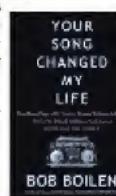


Your Song Changed My Life

Bob Boilen (HarperCollins, April 12)

For music fans, Bob Boilen is a legend - the host of NPR's All Songs Considered and Tiny Desk Concerts, he's come up with a history of mod-

ern music as told by musicians, including Carrie Brownstein, Dave Grohl. Trey Anastasio and Michael Stipe.

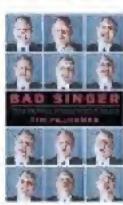


Bad Singer

Tim Falconer (Anansi, May 14)

A slightly different type of music title, in this one, subtitled The Surprising Science of Tone Deafness and How We Hear Music, journalist Falconer sets out to sing in public. To do so, he must overcome his lifelong affliction of tone-deaf-

ness - and that means understanding it. So get ready to take a journey into the theories, then putting them into prac-



Bandis Killing Me

Steven Hyden (Back Bay Books, May 17)

Your Favorite

How often have you argued for your favourite band and snubbed others that have equally passionate fans? Music writer Steven Hyden is out with

this tome that takes a look at some of the greatest music rivalries and what they say about the meaning of life (quirk theory, anyone?).



Gawker boss in court over Hogan sex video

Gawker Media founder Nick Denton testified Wednesday that his gossip website decided to post a Hulk Hogan sex video because "it showed Hogan as a person."

Denton was in the courtroom Wednesday afternoon, but attorneys for Hogan played his video testimony recorded in a 2013 deposition. Denton said in the deposition that "it's up to others to determine the boundaries of accepted social, journalistic and legal norms."

Hogan and his attorneys sent Denton a cease and desist order but Denton didn't take down the video post because he said he thought it was newsworthy.

Hogan, whose given name is Terry Bollea, is suing Gawker Media for \$100 million for posting the edited video showing him having sex with his then-best friend's wife. Hogan has said he didn't know he was being filmed when the video was made.

Jurors also heard from Mike Foley, a University of Florida journalism professor. Foley questioned Gawker's decision not to contact Hogan, the woman in the video or the woman's husband when it posted the video.

Foley said in his opinion, the sex video was an example of



I know some like to call it viral, but in this case, it was cancer.

> Hogan's attorney **David Houston**

"undue intrusiveness."

On Wednesday morning, Gawker reporter A.J. Daulerio said that when he received the Hogan sex video in the mail it was "very amusing" and that he thought it was newsworthy.

Gawker says the publication was a legitimate scoop because Hogan is a public figure who had talked openly about his sex life before, in forums such as Howard Stern's radio show.

Hogan's attorney, David Houston, was also called to the stand Wednesday. He described how he sent Gawker a cease and desist letter to take the video down. and then how the video began showing up on other websites.

"I know some like to call it viral, but in this case, it was cancer," he said. THE ASSOCIATED PRESS.

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Entertainment | metr@LIFE | 18 Thursday, March 10, 2016

Louis Vuitton's 2016-2017 fall/winter ready-to-wear collection seemed inspired by '90s motorbike jackets. ALL PHOTOS GETTY IMAGES

Louis Vuitton show cuts a strong shape in Paris

FASHION

The stars were on hand for the latest runway collection

Still basking in the media spotlight since her acclaimed per-formance in The Danish Girl, all eyes were on Oscar winner Alicia Vikander at Louis Vuitton's star-filled show Wed-

Vikander wowed the fashion media at Vuitton on Wednesday morning in a pared down, geometric Nicolas Ghesquiere look that proved that less is more.

With natural makeup and a sleek blowout, the 27-yearold Swedish actress rocked a navy statement coat with cream bands and cropped pants.

The look's geometry perfectly mirrored the Louis Vuitton Foundation backdrop as she posed for photos - with its figurative angular glass, wood and metal architecture, designed

by architect Frank Gehry.

Joining her in the front row was fellow Oscar winner Jennifer Connelly and Selena Gomez (pictured right). Ghesquiere produced one of his

most accomplished Vuitton collections to date Wednesday with 52 creative looks brimming with colour and energy.

Alongside the giant reflective disco-ball column decor, a model with huge '80s hair opened the show with a fresh silhouette that recurred throughout: a strong-shouldered coat truncated under the bust in bolero style.

It cut a great shape, and led on to some very creative explorations of form like corset styles with large exaggerated curves.

Ghesquiere is a sports fan. Here, the signature sportswear styles were subtly evoked on

looks that seemed inspired by '90s motorbike jackets.

Flashes of red, white and blue stripes graced sheeny tight-fitting leather

jackets. And in one of the more interesting looks - the normally-harsh biking

stripes appeared as a contradiction on a fluffy woollen sweater that called out to be hugged.

This varied collection will broaden the house's appeal from the overly young looks that characterized the French designer's debut.

THE ASSOCIATED



Flashy Mui Mui transforms the ordinary

Hip hop star A\$AP Rocky joined actress Chloe Sevigny on the Miu Miu front row Wednesday. This season, Miuccia Prada's ever-thought-provoking show took ordinary items

- like denim jeans, jodh-

purs or boho print and transformed. them into historical styles. Prada saw that a long tweed jacket sported a 1900s Empire Line — thanks to a contemporary red and white faux-

fur belt. Only a design master like the 66-yearold Italian could pull something like this off, and with panache.

THE ASSOCIATED PRESS

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JOHANNA SCHNELLER WHAT I'M WATCHING

Bad blood between family

THE SHOW: Bloodline, Season 1, Episode 8 (Netflix) THE MOMENT: The phone number

Two brothers drink in a bar in the Florida Keys, where they grew up, and still live. Responsible brother John (Kyle Chandler, always so natural) once betrayed ne'er-do-well Danny (Australian star Ben Mendelsohn), but they're reconciling. Or so we think.

John, dead drunk, checks out a hot blonde. "How many years have you been f-ing the same woman now?" Danny asks genially, but with a knife-edge in it.

"That's not funny," John re-

plies. Beat. "17." They laugh. Slowly, subtly, Danny poisons the evening. Did John know that Danny and John's wife once "had a moment?" Is John jealous of how easily Danny picks up women?

As John watches, Danny approaches the blonde, gets her number. Then he comes back and slips it into John's pocket. "You never know when you're going to need it," he purrs.

Oooohhhh. In just a few episodes, Mendelsohn, the best actor you may not have heard of,



Mendelsohn plays a self-destructive sibling in Bloodline, one willing to drag family members down with him. CONTRIBUTED

has made Danny into a TV antihero right up there with Tony Soprano and Walter White. He's the cat and we're the canary. One minute, he'll show us why he is the way he is, and get us to empathize with him. The next he'll pounce, grin full of feathers.

The other Rayburn siblings - Kevin (Broadway staple Norbert Leo Butz) and Meg (Linda Cardellini) — are equally fantastic. Together they elevate every scene until, like sunburn, it both sizzles and chills.

Gators may lurk in this paradise, but Bloodline proves there's nothing more dangerous than a volatile family member.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Your essential daily news J.K. Rowling's Harry Potter writing chair up for auction

MEET THE CONDO

Family-friendly Creekwood homes

Project overview

Mattamy Homes brings familyfriendly townhomes to The Collections at Creekwood, a community of several builders and housing types in Edmonton's southwest. The popular neighbourhood offers condo buyers variety in housing style and size at affordable price points ideal for families of any size. Rear garages put the emphasis on people-focused streetscapes in this community.

Housing amenities

Each two-storey townhome features a rear-lane, twocar garage, full landscaping package with one tree and six and Anthony Henday Dr. shrubs, and nine-foot main floor ceilings. The two and three-bedroom homes are available in end-unit layout Harmony End and Accord Corner - and the smaller and least costly Unity floor plan.

In the neighbourhood

Surrounded by extensive nature trails and greenspace, Creekwood boasts a new K-9 school, shopping and services at Currents of Windermere, and recreation/entertainment at the Jagare Ridge and River Ridge golf courses. Dining and shops are likewise found at nearby Southgate Mall and South Edmonton Common.

Location and transit

Creekwood is minutes from the brand new 41 Ave. SW exchange, Calgary Trail and Gateway Blvd. It's an easy hop over to the Whitemud as well as the International Airport and points south via Highway 2. Transit is found at the Century Park LRT, which connects to downtown and post-secondary destinations.

LUCY HAINES/FOR METRO



NEED TO KNOW

What: The Collections at Creekwood

Builder: Mattamy Homes Location: Southwest Edmonton, near the 41 Ave. exchange

Building: Two-storey townhomes

Sizes: 1,362 square feet -1,469 sq. ft. Pricing: Starting from

\$314,990

Model: Two or three bedroom, 2.5 bath corner or interior units

Status: Now selling. Quick possession homes available

Sales centre: 8055 Chappelle Way SW Phone: 780-439-6252 Website: mattamyhomes.

com/edmonton

INDIVIDUALITY

You already know one of the Pantone custom-colour owners

Barbie has her own colour (pink). So does Tiffany (blue), but rare is the individual who cares deeply enough about a shade to have one custom made.

At the Pantone Color Institute, the privilege doesn't come cheap. It can cost tens of thousands of dollars for the company to come up with just the right one. So why would an actual person, rather than a business, even bother? Only two, at least in the Pantone client books, actually have.

Jay Z was the first, back in 2007. He introduced his Jay Z pearly blue — mixed with platinum dust - on a limited edition GM Yukon Denali later that year in Detroit. The head of a marketing firm he was working with brought along a piece of the hip hop mogul's motorcycle as a guide when meeting with Pantone.

Blue (daughter Blue Ivy, blue jewels, blue jackets, the Blueprint albums) had been a favourite, but his Pantone colour code name is confidential, said Laurie Pressman, a Pantone vice-president.

Who else has the colourhonour with Jay Z? Her name is Sherry Chris, president and chief executive of a New





Jay Z and Sherry Chris are the only two people who have their own Pantone custom colour. THE ASSOCIATED PRESS FILE

Jersey real estate firm, Better Homes and Gardens Real Estate. She used a scarf at Pantone for her bright pink in 2011 and Chris

couldn't be prouder of her colour card: SC2011.

So what do they get besides a card and a code? They get formulas. How many and for what uses depends on what they want to do. Consistency over different fabrications, from paper stock for stationery to fabrics for fashion to paint to metal, is key.

"Both of them were very clear on what they wanted in their signature shades," Pressman said. "When somebody comes with a very clear idea of what they're looking for, that shade definitely has meaning for them."

Pantone has a vast colour wheel, but you can forget finding "Jay Z Blue" or SC2011 in any swatch or Pantone colour guide available for public consumption.

"Some people are really strict about that to the point where we're not even allowed to share that we work with them on the development of that colour," she said.

But Pressman has plenty of ways to describe Jay's blue, a combination of sky and cobalt.

"I would describe that shade as a mesmerizing blue. There's a pearlescent quality to that blue. There's a magnetic quality to that blue. It's a happy blue. It's an optimistic blue," she said. "It was pretty smooth sailing with Jay Z."

THE ASSOCIATED PRESS

20 Thursday, March 10, 2016 metr@HOME

Put some spring in your design step

RENEWAL

Pastels, hot pink and bright white trending

For some people, spring cleaning entails not much more than a good shake of the carpets. For others, it's an excuse to update their decor.

Here's a sampling of this season's new palettes, patterns and styles:

Colours

Neither boring nor drab, new neutrals are about bringing home a sense of calm and comfort. Some pastels are chalkier, like sorbet that's been given a whisk of cream. Then there are the organic hues of earth, sky and water.

We see neutrals most often in minimalist decor, like an unglazed, branch-shaped pitcher at CB2 the colour of a stormy sea, or Ikea's trim Mostorp media unit in a soft, rosy hue. Even Le Creuset is offering its signature cast ironware in pale pink and lemon

Los Angeles designer Joy Cho's



Fun abounds in springtime collections, like Joy' Cho's latest collection for Target. HANDOUT

new collection at Target is filled with fun, frothy pieces like an acrylic side table covered in polka dots, animal figurines in little party hats, and printed throw pillows and wall art saying, "You're okay." Warm neutrals — peach, blush, putty, mint and charcoal — contribute to the airy, feelgood vibe.

West Elm has partnered with Roar + Rabbit design studio on a home collection that includes a sexy, midcentury-modern swivel chair dressed in shades called lichen, nickel or dusky blush velvet.

The energy shifts with several bold hues that ride the current retro wave. Turquoise, acid yellow, emerald, pink and red are showing up, mostly in accessories and textiles.

Kirstin Hoffman, merchan-

dising director for online decor retailer Dot & Bo, says hot pinks are trending: "Whether they're incorporated in an accent chair or a planter, the look instantly adds energy to a room."

A range of new baking items and dish towels at Crate & Barrel come in a yellow as cheery as a sunny-side-up egg.

And you'll be seeing lots of lush, green, tropical motifs for spring and summer. Beautiful blues — sapphire, navy and a variety of turquoises, teals and pale blues — are strong players on the spring palette. Wisteria has a settee in a rich jewel tone, while Ikea's got new loveseat covers in deep and delicate blues. Boston Interiors' Conrad chair is upholstered in a watercolour-blue abstract, while Farrow & Ball has added some lush hues, including Vardo, a teal, and Inchyra Blue, a dramatic blue-grey.

White — which Benjamin Moore named colour of the year — is also trending. The timing's perfect, says Kimberly Winthrop of Laurel & Wolf: "Bright white is spring cleaning in its truest sense. There'll be a lot of focus this year on incorporating whites with natural elements and textures into one's space."

Consider painting an existing piece of furniture, bringing in side tables or lighting, or changing window coverings to white.

On the surface

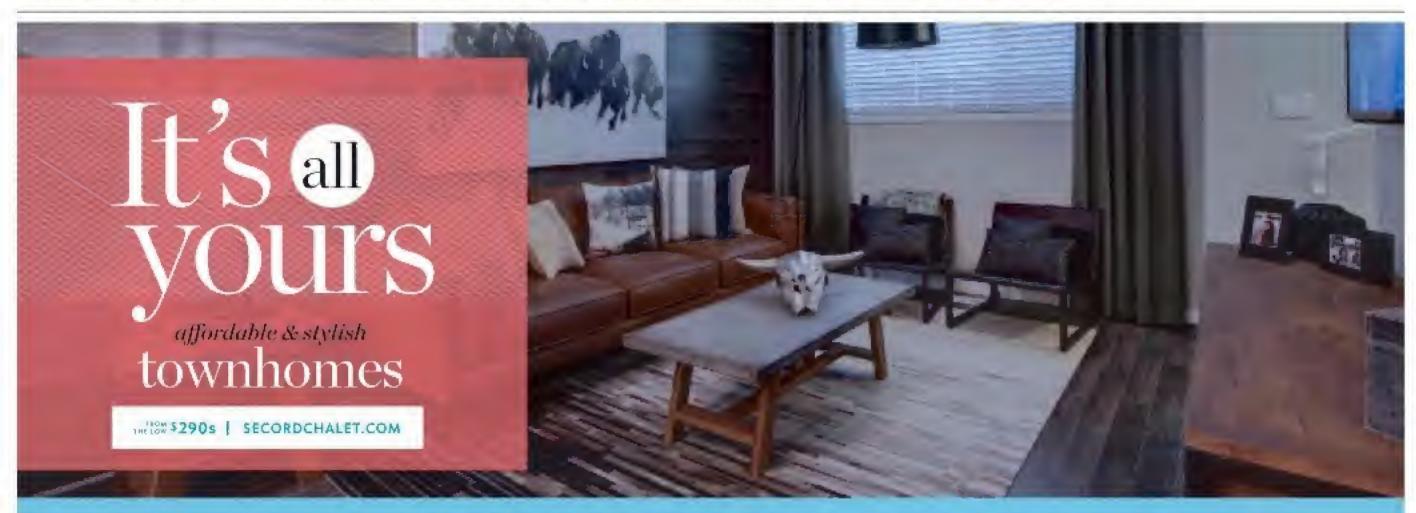
Surfaces are the focus in distressed rugs, textured throw pillows, and relief-patterned and pin-tucked textiles and wall coverings. Printed, dyed velvets with flora or fauna-inspired patterns are luxe and painterly; Kevin O'Brien and Beacon Hill have collections.

Some furniture designs play with layers and lines. West Elm has a mirror named Tree Ring that fuses mirrored glass with a slice of Vietnamese hardwood. An Indian pouf at the retailer is crafted from chunks of jute and cotton like a 3-D rag rug.

Cork has popped up in lots of new decor. Accessories in particular lend themselves to the sustainable material's pleasant feel, but it's in furniture now, too. Ikea's new Sinnerlig collection from London designer llse Crawford includes stools and benches with cork seats, as well as coffee and dining tables. Cork lampshades at AllModern and Luxe Decor throw a warm light. And check out 1stDibs, Chairish and eBay for '70s-era vintage cork table lamps.

Metallics aren't going away, says Chicago interior designer Mikel Welch. But warmer versions are overtaking the chillier chromes and silvers.

"This spring, we'll begin to see a twist added," he says. THE ASSOCIATED PRESS



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More than a place to store your car and stuff

HOME DESIGN TRENDS

In the reno world, garages are getting all the attention

Many homeowners would never let sports gear, tools and yard equipment clutter up the front hall where it's the first things guests see.

But they're willing to wend their own way into the house through a garage stuffed with those things, plus patio furniture. bikes, holiday decorations and more, says Todd Carter of Tailored Living featuring PremierGarage, in Reston, Virginia.

The company focuses on renovating and improving garages, and that's a hot area in home renovation, experts say. From cabinetry and shelving, to flooring and overhead storage, there are many new ways to turn a garage into an organized and attractive space for storage, entertaining or working out.

The trend has been made especially possible by today's larger garages.

"The sky's the limit," said Greg Parsons, owner of Motor City Garages in Clarkston, Michigan. "It's all based on the homeowner's stuff."

He routinely outfits garages with high-end, scratch-resistant cabinetry, sinks and epoxy flooring — an easy-to-clean coating that comes in numerous colours and finishes. He recently added a line of cabinetry that lets buyers customize the color to match their car.

Some homeowners end up adding televisions and seating, Parsons said.

Jeff and Linda Marsack of Macomb. Michigan, hired Parsons to organize their two-car garage. They added cabinets to store shoes, sporting equipment and tools. She chose red cabinets to match their kitchen.

"Every time you open your garage, you really do smile because it's so organized," she said.

"Who doesn't love an organized space?" Susan Rhodes of Tempe, Arizona, purged a lot of items from her garage, added nice flooring and cabinetry, and created a work bench near a window where she can do crafts or pot flowers. The space is so tidy that when temperatures dropped over Christmas, she moved tables from the patio into the

garage for dining.

"It was just perfect," she said.
"It's good to know, it's not just for cars and gardening."

Professional organizer Melanie Dennis gets many calls from homeowners who want to redo their garage because it's too cluttered to fit a car.

"It's a combination of people not wanting to get rid of their stuff and having access to buy things 24/7 and have it delivered to their house," said Dennis, owner of Neat Streak in Columbus, Ohio.

Families today have more stuff than previous generations did, she said. They decorate for more holidays, have dishes that they only use on special dinners, and hang onto photos and sentimental items with the intent of making scrapbooks, she said.

Bill McDonough, senior vice president and chief marketing officer for M/I Homes, a Columbus-based home builder, agrees.

"The big trend has one word, and that is 'storage,'" he said. "People of all ages have an increasing amount of stuff."

Customers increasingly ask for three-car garages or bumpouts that extend the garage's length or width, McDonough said.

The National Association of Homebuilders found that 23 per cent of new homes built in 2014 had three or more garage bays. In 1994, only 13 per cent of new homes had garages that large, according to the Washington-based organization.

Storage products for the garage include wall-mounted panels with slots that can hold everything from pliers to bikes to motorized lifts for hanging golf bags and kayaks. There's cabinetry designed specifically to hold power tools.

THE ASSOCIATED PRESS



Bathroom vanities can be used in the garage as a stylish alternative to traditional garage organization. Plus, the sink helps keep garage grime at bay. HOME DEPOT/THE ASSOCIATED PRESS



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Ontario keeps it in house

Howard rink icing pair of father-son combos

It was a family affair at the Tim Hortons Brier on Wednesday.

Ontario alternate Joey Hart made his national men's curling championship debut in a 9-4 win over Prince Edward Island's Adam Casey. The TD Place crowd let out a big cheer when

Hart left the

bench area to

join his father,

Richard Hart,

and team-

mates Glenn and Scott

Howard on

nothing like

it," a grin-

ning Joey Hart said after the

game. "To play in a Brier is

one thing, to

get to play

with your dad

"There's

the ice.





Richard, top, THE CANADIAN PRESS IS DEETLY COOL."

and Joey Hart

It was the first time that Hart had curled with his father in a competitive setting. With the game well in hand, the 18-year-old opened the eighth and final end by delivering a smooth throw that caught a touch of the button.

loey said his dad weighed in with some advice before he stepped into the hack.

"Don't hog it.' And then after-



Scott Howard, left, Glenn Howard and Team Ontario carry a 4-5 record into their Draw 14 matchup against Saskatchewan on Thursday morning. ADRIAN WYLD/THE CANADIAN PRESS

wards he said when I was sweeping, 'Don't burn it,'" Joey said, referring to a pair of violations he managed to avoid. "That's all you've got to do. Then just smile pretty for the photos."

Second Adam Spencer, who is filling in for vice-skip Wayne

Middaugh while he recovers from a broken leg, took a break so Hart could make his debut.

It was the first time in Brier history that two father-son duos were in the same on-ice lineup, a

Curling Canada spokesman said. "That was the fastest my heart

was racing the whole (week) was filling that form out to get Joey in the game and then watching him throw those first two rocks," Middaugh said. "That's fantastic and to me, that's the type of thing that Brier memories are made of.



To have a chance to play with my son is surreal and then to bring out Joey to play with Rich - the father-son act - it was pretty special.

Glenn Howard

"And for Rich, that's the treat of a lifetime."

The Ontario team's playoff chances took a hit later in the day when Howard dropped a 6-4 decision to Northern Ontario's Brad Jacobs. Howard fell to 4-5 and will need to win his last two round-robin games and hope it's enough to get into a possible tiebreaker game.

Jacobs, the lone unbeaten skip at 8-0, walloped Jamie Koe of the Northwest Territories 9-2 in the evening to lock up a playoff spot.

Brad Gushue of Newfoundland and Labrador beat Canada's Pat Simmons 7-3 in the morning before topping Quebec's Jean-Michel Menard 7-6. Simmons split his games while Alberta's Kevin Koe and Manitoba's Mike McEwen won two games apiece to improve their playoff chances.

After 13 draws, Gushue was alone in second place at 7-1. McEwen was third at 6-2 and Koe was fourth at 6-3.

Simmons was fifth at 5-4 while Howard and Saskatchewan's Steve Laycock shared sixth place at 4-5.

THE CANADIAN PRESS

IN BRIEF

NHL ends Kane probe The NHL has closed its investigation into Patrick Kane, saying a sexual assault allegation made against the star Chicago Blackhawks forward last year was unfounded.

Kane was investigated by police last year following an alleged rape at his home near Buffalo, N.Y., but prosecutors in November declined to file charges because of a lack of credible evidence. THE CANADIAN PRESS.

Coyotes blue-liner banned 20 games for PED use

Arizona Coyotes defenceman Jarred Tinordi has been suspended 20 games without pay for violating the terms of the NHL and NHL Players' Association joint performance enhancing substances program.

Tinordi was acquired by the Coyotes in January in a trade that sent enforcer John Scott to Montreal. He has 12 penalty minutes in seven games with the Coyotes this season. THE CANADIAN PRESS.

Rookies save Leafs from losing seventh straight

The Toronto Maple Leafs avoided a seventh straight loss on Thursday night. rallying from a late deficit in regulation before winning in a shootout.

William Nylander scored the game-tying goal with less than two minutes remaining in regulation before fellow rookie Nikita Soshnikov gave the Leafs a 4-3 victory over the New York Islanders in the Shootout. THE CANADIAN PRESS

NASCAR CEO faces fallout from Trump endorsement

When Brian France endorsed Donald Trump for president, the chairman and chief executive of NASCAR thought of it as nothing more than a "routine endorsement."

He's been dealing with the fallout ever since.

The endorsement has threatened a decade of work to broaden NASCAR's appeal among minorities and risked a break with the corporate sponsors that are its financial lifeblood. THE ASSOCIATED PRESS

CHAMPIONS LEAGUE

PSG ousts Chelsea for 2nd straight year

Zlatan Ibrahimovic demonstrated his enduring attacking threat Wednesday by steering Paris Saint-Germain into the Champions League quarter-finals with a goal and an assist in a 2-1 victory at Chelsea.

PSG eliminated Chelsea for the second straight season in the round of 16. Chelsea will almost certainly be out of the Champions League next season for the first time since billionaire Roman Abramovich bought the chib in 2003, the associated press



Zlatan Ibrahimovic scored a goal and added an assist Wednesday, GETTY IMAGES

IN BRIEF

Osweiler reportedly signs with Texans

A person familiar with the negotiations says the Houston Texans have agreed to a multiyear contract with free agent quarterback Brock Osweiler.

Osweiler appeared in eight games with seven starts last season for the Super Bowl champion Broncos. He threw for a career-high 1,967 yards and 10 touchdowns with six interceptions last SCASON. THE ASSOCIATED PRESS

Meldonium 'is not doping': Inventor

Meldonium doesn't enhance the performance of athletes, the Latvian scientist who invented the drug at the centre of Maria Sharapova's doping

Ivars Kalvins said that the drug "is not doping," but added it does protect athletes against heart damage during extreme physical exercise.

If the heart is working very hard, the drug "protects the heart cells ... against ischemia," a blood circulation



Maria Sharapova GETTY IMAGES

condition, Kalvins said, "This is not the same as increase of performance." THE ASSOCIATED PRESS

MLB HAPP HOLDS HIS OWN FOR JAYS

J.A. Happ looked sharp in his second outing and Ryan Goins had two hits and drove in a pair of runs to lead the Toronto Blue Jays over the Tampa Rays 5-1 on Wednesday in Port Charlotte, Fla. Happ allowed one run and four hits in 2-2/3 innings. BRIAN BLANCO/GETTY IMAGES



PLAY Yesterday's Answers from your daily crossword and Sudoku

8 2 0 1 3 8 1 1 5 1	Tell Maria	2	6	8	4	7	1	9	5	3
AND I ENT ONS	0 0 0	7	4	1	9	3	5	2	8	6
	P P	9	5	3	8	2	6	1	4	7
SEM BIGA.	U -	3	2	4	7	5	9	6	1	8
	1 4	1	9	5	2	6	8	7	3	4
	N H N A	8	7	6	3	1	4	5	9	2
MAN C NAME	Single .	5	1	7	6	8	3	4	2	9
ACC MEDICATES	10.8 0	6	3	9	5	4	2	8	7	1
	D A D B	4	8	2	1	9	7	3	6	5

for more fun and games go to metronews.ca/games

Sundby wins skiathlon race

CROSS COUNTRY

Canada's highest hope Harvey finishes 7th

Norway's Martin Johnsrud Sundby won the Ski Tour Canada's 30-kilometre skiathlon Wednesday at the Canmore Nordic Centre, while Canada's Alex Harvey was seventh and regained an overall ranking of fourth on the tour.

The skiathlon was the sixth of eight races in the Ski Tour Canada which concludes the 2015-16 World Cup season. The men switched from classic to skate skis midway through Wednesday's race.

Russia's Sergey Ustiugov was second just 2.8 seconds back of Sundby to retain the overall



Alex Harvey GETTY IMAGES FILE

leader's bib. Matti Heikkinen of Finland placed third. Harvey finished 7.8 seconds back of Sundby in seventh.

The 27-year-old from Saint-Ferreol-Les-Neiges, Que., had slipped from fourth overall to fifth when he was eliminated in the quarter-final of Tuesday's sprint. Harvey won a silver medal and was fourth in a pair of Quebec City races last week.

"It was a tough day, especially in the skate," Harvey said.
"We were pushing hard from the beginning and that's how I wanted it.

"I think I'm too far back for the top-three, but they can always have a really bad day. My focus will be on staying in the top-five in the final two stages."

Norway's Petter Northaug Jr. placed 11th on Wednesday and remained second in the overall rankings, 47.3 seconds back of Ustiugov. Not only did Sundby jump from fourth to third, but put considerable time distance on Harvey, who is 1:47 behind him.

Norway's Emil Iversen dropped from third to fifth finishing 17th Wednesday. Ivan Babikov of Canmore placed 10th in the skiathlon.

THE CANADIAN PRESS

MORTGAGE

e in

IN BRIEF

Spurs CEO steps down

San Antonio Spurs CEO and chairman Peter Holt, whose selfless ownership is credited with helping the team win five NBA championships, is retiring after 20 years running one of sports' elite franchises.

He will be replaced as CEO by his wife, Julianna and, at her request, Spurs president of business operations Rick Pych. board, CREDIT LINE

Brazil confident in security

Brazil's Defence Minister Aldo Rebelo has played down the risks of massive protests during the Olympic Games, despite the country's economy and political crisis and a mushrooming scandal at state-run oil giant Petrobras.

Rebelo told a news conference in Brasilia on Wednesday that the expected 85,000 security agents, including 38,000 members of the armed forces, will be enough to guarantee safety during the Games. THE ASSOCIATED PRESS

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FROM MONDAY THROUGH

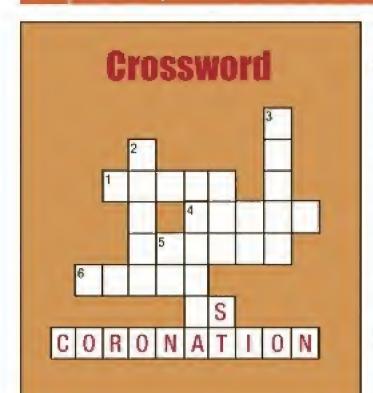
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F18 PER HR, ALL APPLICANTS SHOULD EMAIL DIRECTLY AT:

kimermoore777@gmail.com







OMG: IKEA'S BILLIONAIRE FOUNDER A FAN OF FLEA MARKETS

Frugal billionaire Ingvar Kamprad, founder of Ikea, buys his clothes at flea markets to save money, he said in a documentary to be broadcast Wednesday on Swedish television.

Kamprad, who turns 90 on March 30, has a reputation for penny-pinching, which he claims helped Ikea to become one of the world's top brand names.

"I don't think I'm wearing anything that wasn't bought at a flea market. It means that I want to set a good example," he told Swedish channel TV4, according

to business daily Dagens Industri which viewed the documentary.

"It's in the nature of Smaland to be thrifty," he said, referring to Sweden's southern agricultural region where he comes from.

Kamprad is estimated to have an accumulated fortune of about 610 billion kroner (about 65.5 billion euros, \$96.6 billion CAD), according to recent Swedish media reports. But it is difficult to separate what belongs to him, what belongs to his children and what is held in a family foundation in one of Europe's most infamous tax havens, Liechtenstein.

In 2006, the American business magazine Forbes listed him as the fourth richest person in the world.

Kamprad's modest spending habits have made headlines over the years. In 2008, he told newspaper Sydsvenskan that a 22euro bill in the Netherlands had broken his barbering budget.

"Normally, I try to get my hair out when I'm in a developing country. Last time it was in Vietnam," Kamprad explained, AFP

ACROSS

- 1. The ____ Never Stops
- 4. When your ex-boyfriend has intimate photos of you
- 5. When you send your ex-boyfriend to jail for blackmail
- 6. When your ex-boyfriend gets out of jail

DOWN

- 2. When your brother gets your ex-boyfriend fired
- 3. When your ex-boyfriend comes for revenge
- 4. Weeknights at 7:30 on CBC

*IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Life may be challenging but you can make things easier on yourself by not taking it too seriously. Look at the bigger picture: one hundred years from now what will any of it matter?

Taurus April 21 - May 21 The Sun in the friendship area of your chart urges you to get together with people who share your outlook on life. You'll have fun and find ways to make the world a better place.

Gemini May 22 - June 21 Some Geminis are ambitious and some are not but all Geminis like to be noticed. Today will give you the opportunity to step into the spotlight. Unveil your special talent and put on a show.

Cancer June 22 - July 23 If you feel stuck in the same old place, with the same old people, doing the same old things then it's time to break free. A vacation is a good idea, but if you cannot travel right now you can start making plans.

R Leo July 24 - Aug. 23 What matters most to you in life? Is it money? Success? Creative fulfilment? Whatever the answer to that question may be you have to make it central to what you are doing.

W Virgo Aug. 24 - Sept. 23 Look back over the past six months at the progress you've made. Most likely you've come a long way but there is still further to go before your aims. Keep striding.

Libra Sept. 24 - Oct. 23 With the Sun moving through the wellbeing area of your chart you need to slow down. If your body is giving you signals that it could use a rest you must heed the warning.

Scorpio Oct. 24 - Nov. 22 There's a spring in your step and a smile on your face. Recent events may have been tough but everything is coming easy to you now. There's no limit to how far you can go.

Sagittarius Nov. 23 - Dec. 21 You like to keep your standards high but sometimes you can expect too much of yourself. Today's cosmic influences suggest that you need to let go of unrealistic expectations, both of yourself and others.

Capricorn Dec. 22 - Jan. 20 Think positive and believe that everything will work out for the best - and it will. Nothing is so bad that it cannot be improved by the way you choose to deal with it.

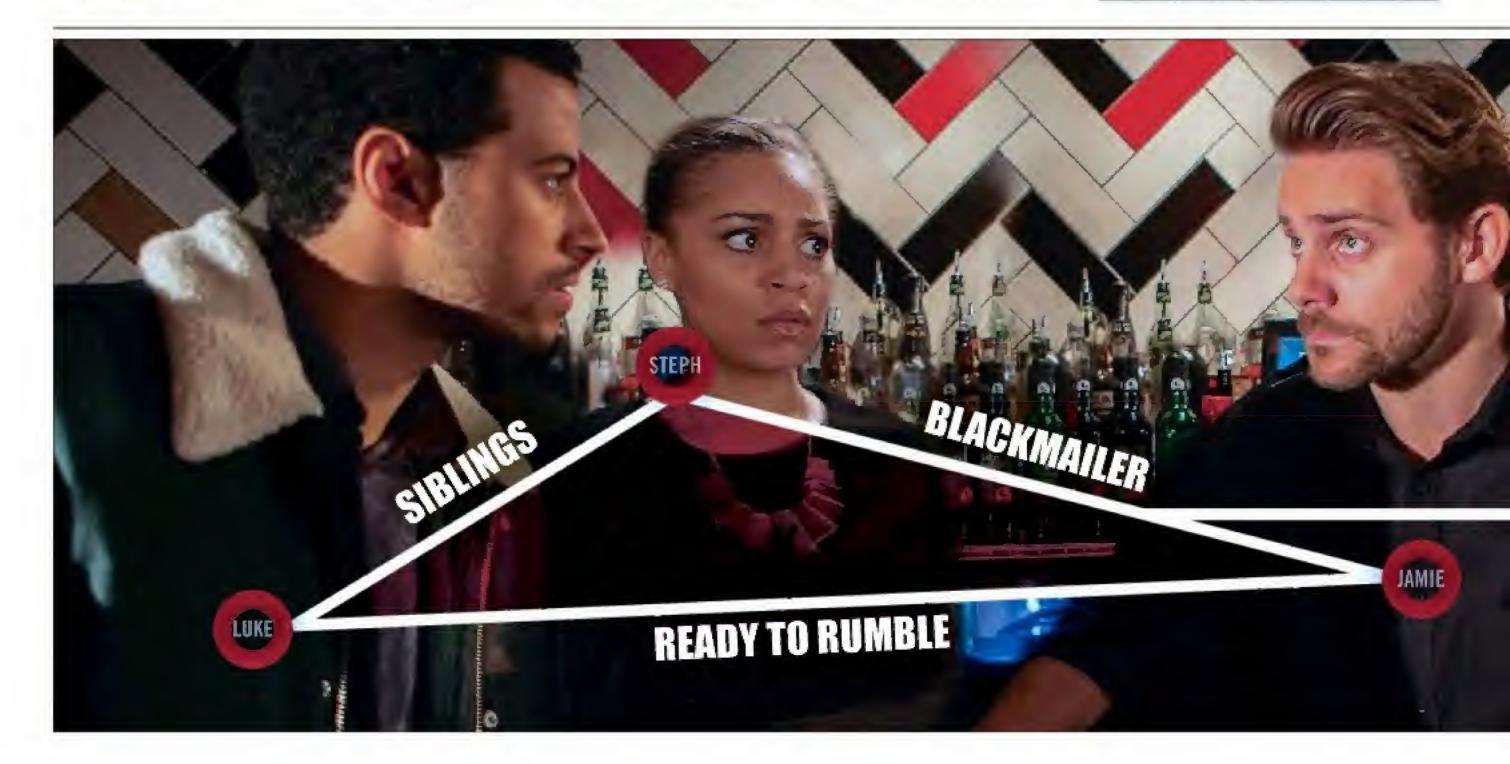
Aquarius Jan. 21 - Feb. 19 Life moves in cycles and the cycle you are going through at the moment may be a bit disruptive, but it's really no big deal. You have handled far bigger challenges in the past and will do so again in the future.

Pisces Feb. 20 - March 20 The positive effects of yesterday's eclipse will linger for a few days, so get out and show the world what you can do. By the end of the week you'll look, feel and act like a new person.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	7	8					
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22

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431

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68

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38

53

39

RECIPE Fancy Tuna Wrap



Ceri Marsh & Laura Keogh For Metro Canada

Do you already know this day is going to run late? No worries, tonight's dinner is going to be on your plate in 10 minutes. It's a wrap, but with protein, veggies and a grain, it's also a perfectly complete meal.

Ready in

Prep time: 5 minutes Total time: 10 minutes

Serves 2

- Ingredients
 -1 can tuna, packed in water (5 oz)
- 1 stem of celery, chopped fine
- 3 or 4 cherry tomatoes, chopped
 1 or 2 Tbsp mayonnaise
- 1 or 2 Tos
 2 tortillas

1 carrot, grated

1/2 avocado, sliced

Directions

- 1. In a bowl, mix tuna, celery, tomatoes and mayonnaise.
- 2. Lay your tortillas on a work surface. Spoon a stripe of tuna mixture down the middle of each tortilla. Now lay down a strip of the grated carrot, right next to the tuna. Place slices of avocado right next to the carrot.
- Wrap one side of the tortilla over the other. Now tuck in the sides and keep rolling so everything is snuggly inside.
- Slice the tortilla in half and serves with a side of mixed greens.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

21

15

18

ACROSS

1. D-Day beach 6. Mel's Diner waitress 9. "Rock You" Canadian hard rock band 14. Cheque recipient 15. Knock 16. Architectural arch 17. Domains 18. Goat's hair garment 19. Monsters 20. Cartoon series for one-sibling-bornin-Canada production company Warner Bros.: 2 wds. 23. Happy dance 24. Giant's ickypoo Cryl 25. Canadian Awards (Sunday, March 13th, 2016 on CBC) 29. Emergency transport at sea 34. Checkmate game 35. Celebrations 36. Seven, fancystyle 37. Bewitched 38. Wishful person 39. Faxed

40. Operate

41. Barbarians

42. Infectious

45. Spunk

47. Swerve

43. Operatio sing-

46. Amer. currency

spinning creature on

ing style; 2 wds.

49. Ferociously-

#20-Across: 2 wds. 56. Mediterranean island 57, HS subject 58. Sphere 59. Not at all pleased 60. Mr. Freh-

ley of Kiss

46

50

TYPESTERDAY'S ANSWERS ON PAGE 23

14

20

37

40

43

61. Mr. Macdonald, and namesakes (Host of #25-Across) 62. Polynesian language 63. 'P' in MPH 64. Musical qualities

DOWN

1. Canned meat
2. 'Soft' suffix
(Computer-user's
purchase)
3. __ and terminer
4. Bring up
5. Gowan hit:

"Moonlight _"

6. Entrap
7. Quebec's nickname: 3 mots
8. Gem of Australia
9. They have drawstrings whilst basic
sweatshirts don't
10. Yolky/shelly
more-y

11. Read: French 12. Burl of "East of Eden" (1955) 13. Letters like the last letter of #9-Across" answer 21. Verse-writer's 'dusk' 22. Bid 25. Scour 26. Comic actor Chevy 27. Force back 28. "C'__ la vie!" 30. 'Favour' suffixes 31. Deflect 32. Important exam 33. Deed 35. _ the bill 38. Auto company 39. Obedience training basic command 41. Long-grain rice variety. 42. Rich in vegetation 44. 'Last Stand' commander at the Battle of Little Bighom 45. Guys 48. Enthusiastic 49, Spanish appetizer 50. Moreover 51. _ tide 52. Slangy suffix to 'Stink' 53. Celebrity decorator Mr. Yip. 54, "I've Got the Music ___" by The

Kiki Dee Band

gow

56. Silent

55. Miss, in Glas-











Investigates



